At Arm's Length



1. Goodnight, L.A.
Alison Wood — vocals, acoustic guitar
Taylor Barefoot — electric guitar
T-Bone Wolk — bass
Carl Blake — drums

2. Sorry Alison Wood — vocals, acoustic guitar Taylor Barefoot — guitars, drums T-Bone Wolk — bass Dennis Carroll — piano

alison wood

3. I'm Okay Alison Wood — vocals Taylor Barefoot — guitars, drums T-Bone Wolk — bass Tason Dunn — piano

Alison Wood — vocals Taylor Barefoot — acoustic guitar,

electric guitar Chris Toye — bass Carl Blake — drums Dennis Carroll — piano Johanna Morrisson — cello Brittany Uschold - violin Alice Livingston – backing vocals

5. Writing on the Wall Ablison Wood — vocals Taylor Barefoot — guitars, fretless bass, drums Chris Joye — bass Dennis Carroll — piano

Alison Wood — vocals Taylor Barefoot — acoustic guitar, Alice Livingston - backing vocals

> 7. Fourth of July Polison Wood — vocals Taylor Barefoot — acoustic guitar Chris Joye — bass Adam Nazro — percussion

8. The View from the Edge Alison Wood - vocals Taylor Barefoot — electric guitar, acoustic guitar, drums Chris Toye — bass

9. Close By Alison Wood — vocals Taylor Barefoot — acoustic guitar, drums, bass Johanna Morrisson — cello

10. Better Off Polone Alison Wood - vocals, acoustic guitar Taylor Barefoot — electric guitar, drums, bass Dennis Carroll — piano

11. Zero Sum Gain Alison Wood - vocals Taylor Barefoot — acoustic guitar

all songs written by Alison Wood, all material copyright 2006 Alison Wood produced, engineered, mixed, mastered by Taylor Barefoot for Barefoot Studios artwork by Christopher Wood, promotions and publicity by Laura DeWitt www.alisonwood.com, www.alison-wood.com

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1. Goodnight, L.A.

2. Sorry

3. I'm Okay

4. Crayola

5. Writing on the Wall

6. Lost

7. Fourth of July

8. The View from the Edge

9. Close By

10. Better Off Alone

11. Zero Sum Gain

www.alisonwood.com